



Potatoes



NOVEMBER

MON

TUE

WED

THU

04

B: Bagel, Mandarin Oranges, Skim Milk
L: Beefy Rice Casserole, Carrots & Celery, Mixed Fruit, Skim Milk
S: Cottage Cheese, WW Crackers

05

B: Turkey Sausage Egg Muffin, Pineapple, Skim Milk
L: Tuna Sandwich, Cucumbers, Apples, Skim Milk
S: Breadsticks & Marinara

06

B: Cream of Wheat, Bananas, Skim Milk
L: Spaghetti, Green Beans, Pears, Skim Milk
S: WW English Muffin w/ Peanut Butter, Skim Milk

07

B: Blueberry Bran Muffin, Applesauce, Skim Milk
L: Chicken & Wild Rice Soup, WW Crackers, Oranges, Skim Milk
S: Banana Bread, Apple Slices

11

B: Corn Flakes, Oranges, Skim Milk
L: Sloppy Joes, WW Rolls, Broccoli, Peaches, Skim Milk
S: Cheese Sticks & Turkey Slices, Skim Milk

12

B: Waffle Fruit Breakfast Pizzas, Skim Milk
L: Chicken Drumsticks, **Mashed Potatoes**, Snap Peas, Apples, Skim Milk
S: Carrots, Peanut Butter & WW Crackers

13

B: Cheesy Scrambled Eggs, Pears, Skim Milk
L: Chicken Alfredo Pizza, Green Salad, Pineapple, Skim Milk
S: Zucchini Bread, Skim Milk

14

B: Cream of the West, Strawberries, Skim Milk
L: Taco Soup, Tortilla Chips, Bananas, Skim Milk
S: Chex Mix, Skim Milk

18

B: English Muffin, Ham, Pineapple, Skim Milk
L: Goulash, WW Rolls, Apples, Skim Milk
S: Cheese, WW Crackers

19

B: Cinnamon Bread, Applesauce, Skim Milk
L: Chicken Enchiladas, Green Salad, Peaches, Skim Milk
S: Smoothies & Graham Crackers

20

B: Scrambled Eggs, Biscuits, Cantaloupe, Skim Milk
L: Sweet & Sour Chicken, Rice, Pineapple, Coleslaw, Skim Milk
S: Chex Mix, Skim Milk

21

B: Cranberry Muffins, Oranges, Skim Milk
L: Beef Stew, Breadsticks, Bananas, Skim Milk
S: Pretzels & Cheese Sticks

25

B: Oatmeal, Bananas, Skim Milk
L: **Tater Tot Casserole**, Green Beans, Peaches, Skim Milk
S: Peanut Butter Oatmeal Energy Balls

26

B: Cinnamon Toast Crunch, Mandarin Oranges, Skim Milk
L: Cheese Pizza, Apples, Broccoli, Skim Milk
S: Ants on a Log (Celery, Cream Cheese, Raisins, Pretzels)

27

Thanksgiving Break



No School

28

Thanksgiving Break



No School

An equal opportunity employer and provider.

*Menu is subject to change.

