



North Valley Center
80 Railroad St.
Columbia Falls, MT 59912

Kalispell Center
79 7th Ave EN
Kalispell, MT 59901

Eureka Center
335 6th St.
Eureka, MT 59917



September 28, 2022

Dear NWMT Head Start Families,

COVID-19 is currently making the rounds in our centers and locally.

Please remember to **keep your child home if he/she is not feeling well or is showing signs or symptoms of COVID-19.** We encourage all students and family members who are presenting symptoms or have been exposed to a positive individual to test in order to rule out COVID-19 or to confirm a positive result and take the appropriate CDC precautions.

You can find the information on when to isolate at:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

You can find the information on what to do when exposed at:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html>

NWMT Head Start is currently not closing classrooms due to a positive case or classroom exposure to COVID-19 in accordance with CDC guidelines.

- **Quarantine is no longer recommended for people who are exposed to COVID-19 except in certain high-risk congregate settings such as correctional facilities, homeless shelters, and nursing homes.** In schools and ECE settings, which are generally **not considered high-risk congregate settings**, people who were exposed to COVID-19 should follow [recommendations](#) to wear a well-fitting mask and get tested.

Thank you!

Marcy Otten, Director

Michelle Lloyd, Health and Nutrition Manager