Februar y 2023

|  |  |  |  |
| --- | --- | --- | --- |
| **mon** | **tue** | **wed** | **thu** |
| HOM: BEETS |  | 01 | 02 |
|  | Beet Drawing Vector Images (over 2,300) | B: Oatmeal, Peaches, Milk  L: Ham, Scalloped Potatoes, WW Rolls, Pineapple, Milk  S: Chips & Salsa, Milk | B:Swirl Bread, Applesauce, Milk  L: Cold Cheese Sandwiches, Tomato Soup, Grapes, Milk  S: Banana Bread, Milk |
| 06 | 07 | 08 | 09 |
| B: Turkey Sausage Egg Muffin, Pineapple, Milk  L: Beefy Rice Casserole, Carrots & Celery, Plums, Milk  S: Breadsticks, Marinara, Milk | B: Bagel, Mandarin Oranges, Milk  L: Tuna Sandwiches, Cucumbers, Apples, Milk  S: Cottage Cheese, WW Crackers, Milk | B: Cream of Wheat, Peaches, Milk  L: Spaghetti, Green Beans, Pears, Milk  S: WW English Muffin with Peanut Butter, Milk | B: Blue Berry Bran Muffin, Applesauce, Milk  L: Chicken & Wild Rice Soup, WW Crackers, Oranges, Milk  S: **BEET** Bread, Apple slices, Milk |
| 13 | 14 | 15 | 16 |
| B: Mixed Berry Yogurt Parfait, Milk  L: Sloppy Joes, WW roles, Broccoli, Peaches, Milk  S: Blueberry Bagels & Cream Cheese, Milk | B: Corn Chex, Pears, Milk  L: Drumsticks, Mac n Cheese, Snap Peas, Apples, Milk  S: Peanut Butter Pretzels & Milk | B: Cheesy Scrambled Eggs, Oranges, Milk  L: Pork Yakisoba Noodles, Steamed Broccoli, Pineapple, Milk  S: Walnut Banana Bread, Milk | B: Cream of the West, Strawberries, Milk  L: Turkey, Cheese & Lettuce Sandwiches, Cucumbers, Bananas, Milk!  S: Chex Mix, Milk |
| 20 | 21 | 22 | Moms for Muffins 23 |
| **No School**  **President’s**  **Day** | B: Cinnamon Bread, Applesauce, Milk  L: Black Bean Enchiladas, **BEET** Salad, Peaches, Milk  S: Yogurt, Strawberry parfait, Milk | B: Cranberry Scones, Oranges, Milk  L: Alfredo Cheese Pizza, Broccoli, Pears, Milk  S: Cheese Quesadilla WW, Milk | B: Scrambled Eggs, Muffins, Cantaloupe, Milk  L: Beef Stew, WW Rolls, bananas, Milk  S: **BEET** Muffins, Milk |
| 27 | 28 |  | FRIDAY Full Day  Make-Up Day 24 |
| B: WW Breakfast Pizza with Pineapple Milk  L: Chicken Penne, Broccoli, Tropical Fruit, Milk  S: WW crackers, Cottage Cheese, Cucumbers, Milk | B: Biscuits, Ham, Pineapple, Milk  L: Baked Ziti, WW rolls, Apples, Milk  S: **BEET** Smoothies, Graham Crackers, Milk |  | B: Baked WW French Toast, Applesauce, Milk  L: Brown Sugar Glazed Ham, Rolls, Green Salad, Peaches, Milk  S: WW Bagels & Cream Cheese, Milk |