



FEBRUARY

MON

TUE

WED

THU

02

B: Mixed Berry Yogurt Parfait, Skim Milk
L: Sloppy Joes, Broccoli, Peaches, Skim Milk
S: Soft Pretzel Bites & Queso, Skim Milk

03

B: French Toast Sticks, Applesauce, Skim Milk
L: Chicken Drumsticks, Mac N Cheese, Snap Peas, Apples, Skim Milk
S: Carrots & Cucumber Slices, WW Crackers, Skim Milk

04

B: Cheesy Scrambled Eggs, Oranges, Skim Milk
L: Pepperoni Pizza, Salad, Pineapple, Skim Milk
S: Dried Fruit & Cereal Snack Mix, Skim Milk

05

B: Corn Chex, Pears, Skim Milk
L: Tomato Soup, Cold Cheese Sandwiches, Apples, Skim Milk
S: Chex Mix, Skim Milk

09

B: Biscuits, Ham, Pineapple, Skim Milk
L: Goulash, Apples, Skim Milk
S: Cheese Sticks, Wheat Thins, Skim Milk

10

B: Hashbrowns, Turkey Sausage Links, Oranges, Skim Milk
L: Chicken Enchiladas, Salad, Peaches, Skim Milk
S: Yogurt, Graham Crackers, Skim Milk

11

B: Cheesy Omelets, WW Bread, Cantaloupe, Skim Milk
L: Bean Burrito, Pears, Carrots & Celery, Skim Milk
S: Ham, Pickle & Cream Cheese Roll-ups, Skim Milk

12

B: WW Cinnamon Bread, Applesauce, Skim Milk
L: Beef Stew, WW Rolls, Bananas, Skim Milk
S: Cold Cheese Sandwich, Skim Milk

16 No School!



17

B: WW Breakfast Pizza, Pineapple, Skim Milk
L: Chicken Penne, Broccoli, Tropical Fruit, Skim Milk
S: Cottage Cheese, Cucumbers, Skim Milk

18

B: Pancake & Sausage Roll-ups, Applesauce, Skim Milk
L: Ham, Rolls, Spinach Salad, Peaches, Skim Milk
S: WW Bagels, SunButter, Skim Milk

19

B: Cheerios, Pears, Skim Milk
L: French Onion Soup, Roast Beef Sandwich, Bananas, Skim Milk
S: **Beet Bread**, Skim Milk

23

B: Oatmeal, Oranges, Skim Milk
L: TaterTot Casserole, Green Beans, Peaches, Skim Milk
S: Ants on a Log (Celery, Cream Cheese, Raisin), Skim Milk

24

B: Peach Yogurt Parfaits, Skim Milk
L: Chicken Stir Fry, Brown Rice, Pears, Skim Milk
S: SunButter & Jelly Sandwiches, Skim Milk

25

B: Breakfast Muffins, Applesauce, Skim Milk
L: Cheese Pizza, Pineapple, Broccoli, Skim Milk
S: Cheesesticks, Pretzels, Skim Milk

**26 Fiesta con Familias-
Join us for snack!
*Am class joins for lunch!**

B: Life Cereal, Mandarin Oranges, Skim Milk
L: Taco Soup, Tortilla Chips or Rolls, Bananas, Skim Milk
S: Assorted Dips, Tortilla Chips, Skim Milk

***Parents- Check out our Health and Nutrition Boards at each site-They have great free resources and handouts!**