

APRIL

MONTANA
Harvest
of the Month



Beef/Blson



MON

TUE

WED

THU

01

B: Chex Cereal, Berries, Milk
L: *Beef Stroganoff*, Green Beans, Oranges, Milk
S: WW Crackers, Cottage Cheese, Veggies, Milk

02

B: Cinnamon Bread, Applesauce, Milk
L: Chicken Taco Salad, Pineapple, Milk
S: Apples, Animal Crackers, Milk

03

B: Ham & Cheese English Muffin, Pears, Milk
L: Turkey Roast, Mashed Potatoes, WW Bread, Peaches, Milk
S: Fruit Smoothie, Graham Crackers, Milk

04

B: Blueberry Muffins, Fruity Yogurt, Milk
L: Chili, Cornbread, Pears, Milk
S: Strawberry Flavored Bagel, Apple Slices, Milk

08

B: WW Pumpkin Bread, Applesauce, Milk
L: Tuna Noodle Casserole, Green Beans, Peaches, Milk
S: WW Cinnamon Bread, Milk

09

B: Oatmeal, Mandarin Oranges, Milk
L: Chinese Casserole, Pears, Milk
S: Banana Graham Cracker Pops, Milk

10

B: Yogurt, Strawberry Parfait, Milk
L: Ham Mac and Cheese, Broccoli, Pineapple, Milk
S: Applesauce muffins, Milk

11

B: Kix, Oranges, Milk
L: *Hamburgers* w/ Tomatoes & Lettuce, Apples, Milk
S: Trail Mix, Milk

15

B: Ham & Cheese English Muffin, Pineapple, Milk
L: Chicken Salad WW Pita, Celery & Carrots, Apples, Milk
S: WW Crackers, Pepperoni & Cheese, Milk

16

B: Hard Boiled Eggs, WW Bread, Apples, Milk
L: Lasagna, Spinach Salad, Pears, Milk
S: WW Cinnamon Bread, Milk

17

B: Corn Chex, Oranges, Milk
L: Bean Burrito, Green Salad, Tropical Fruit, Milk
S: Bread Sticks, Marinara, Milk

18

B: Baked Oatmeal, Peaches, Milk
L: White Chicken Chilli, Tortilla Chips, Bananas, Milk
S: Dried Fruit Trail Mix, Milk

22

B: Cream of the West, Cantaloupe, Milk
L: Chicken Pot-Pie with Biscuit Crust, Peaches, Milk
S: Kix Cereal, Oranges, Milk

23

B: Turkey Sausage Cornbread Bake, Pineapple, Milk
L: Chicken Taco Wrap, Salad, Pears, Milk
S: WW Cinnamon Bread, Milk

24

B: French Toast, Baked Apples, Milk
L: Tuna Melts, Pickles, Apples, Milk
S: PB & Jelly Sandwiches, Milk

25

B: Corn Chex, Oranges, Milk
L: Navy Bean and Ham Soup, WW Rolls, Bananas, Chocolate Milk
S: Pretzels, Cheese Sticks, Milk

29

B: WW Bread, Cottage Cheese, Pears, Milk
L: *Beef Tacos*, Green Salad, Oranges, Milk
S: WW Crackers, Cheese Cubes, Apples

30

B: Oatmeal, Peaches, Milk
L: Ham, Scalloped Potatoes, WW Rolls, Pineapple, Milk
S: Pretzels, Veggies, Ranch, Milk

***Parents- Check out our Health and Nutrition Boards at each site-They have great free resources and handouts!**

An equal opportunity employer and provider.

*Menu is subject to change.

