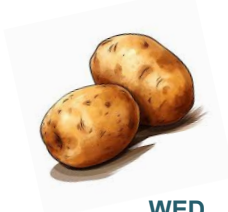


MONTANA
Harvest
of the Month
Potatoes



NOVEMBER

MON

TUE

WED

THU

03

B: WW Breakfast Pizza, Pineapple, Skim Milk
L: Chicken Penne, Broccoli, Mixed Fruit, Skim Milk
S: WW Crackers, Cottage Cheese, Skim Milk

04

B: Baked WW French Toast, Applesauce, Skim Milk
L: Ham, Rolls, Green Salad, Peaches, Skim Milk
S: WW Bagels & Cream Cheese, Skim Milk

05

B: Mixed Berry Yogurt Parfaits, Skim Milk
L: WW Tuna Melts, Pickles, Oranges, Skim Milk
S: WW Crackers, Veggies & Ranch, Skim Milk

06

B: Cheerios, Pears, Skim Milk
L: Onion Soup, Roast Beef Sandwiches, Bananas, Skim Milk
S: Cinnamon Bread, Skim Milk

10

B: Cheesy Omelets, Oranges, Skim Milk
L: **Tater-Tot Casserole**, Green Beans, Peaches, Skim Milk
S: SunButter Oatmeal Energy Balls, Skim Milk

11

B: WW Waffles & SunButter, Bananas, Skim Milk
L: Chicken Enchiladas Casserole, Salad, Pears, Skim Milk
S: Fish in the Boat (Goldfish, Cream Cheese & Celery), Skim Milk

12

B: Kix Cereal, Mandarin Oranges, Skim Milk
L: Cheese Pizza, Pineapple, Broccoli, Skim Milk
S: Apples, Pretzels, Skim Milk

13

B: Breakfast Fruit Pizza, Skim Milk
L: Tomato Soup, Cold Cheese Sandwiches, Apples, Skim Milk
S: SunButter & Jelly Sandwiches, Skim Milk

17

B: Pumpkin Muffins, Applesauce, Skim Milk
L: Spaghetti, Salad, Pears, Skim Milk
S: Berry Smoothie, Animal Crackers, Skim Milk

18

B: **Hashbrown Patties**, Scrambled Eggs, Oranges, Skim Milk
L: Meatloaf, WW Bread, **Mashed Potatoes**, Mandarin Oranges, Skim Milk
S: Breadsticks & Marinara, Skim Milk

19

B: Oven Baked Pancakes, Spiced Pears, Skim Milk
L: BBQ Pork WW Sandwich, Coleslaw, Pineapple, Skim Milk
S: Cheese Sticks, Wheat Thins, Skim Milk

20

B: Peach Yogurt Parfaits, Skim Milk
L: **Cheesy Ham & Potato Soup**, WW Rolls, Apples, Skim Milk
S: Cinnamon Swirl Bread, Skim Milk

24

B: Chex Cereal, Berries, Skim Milk
L: Beef Stroganoff, Green Beans, Oranges, Skim Milk
S: Ritz Crackers, Cheese & Snap Peas, Skim Milk

25

B: Ham & Cheese English Muffin, Pears, Skim Milk
L: Chicken Taco Salad, Pineapple, Skim Milk
S: Strawberry Bagels, Apples, Skim Milk

26

**Thanksgiving
Break
NO SCHOOL!**



27

**Thanksgiving
Break
NO SCHOOL!**



***Parents- Check out our Health and Nutrition Boards at each site-They have great free resources and handouts!**

An equal opportunity employer and provider.

*Menu is subject to change.

