Montana Harvest of the Month
Potatoes

NOVEMBER



NORTHWEST MONTANA HEAD START
2026

MON	TUE	WED	THU
02 **B:** WW Breakfast Pizza, Pineapple, Low Fat Milk **L:** Chicken Penne, Broccoli, Mixed Fruit, Low Fat Milk **S:** Yogurt, Animal Crackers, Low Fat Milk	**03** **B:** French Toast, Applesauce, Low Fat Milk **L:** Ham, Rolls, Green Salad, Peaches, Low Fat Milk **S:** Bagels & Cream Cheese, Low Fat Milk	**04** **B:** Mixed Berry Yogurt Parfaits, Low Fat Milk **L:** Tuna Melts, Pickles, Oranges, Low Fat Milk **S:** WW Crackers, Veggies & Ranch, Low Fat Milk	**05** **B:** Cheerios, Apples, Low Fat Milk **L:** Onion Soup, Roast Beef Sandwiches, Bananas, Low Fat Milk **S:** Cinnamon Bread, Low Fat Milk
09 **B:** Cheesy Omelets, Oranges, Low Fat Milk **L:** Tater - Tot Casserole , Green Beans, Peaches, Low Fat Milk **S:** Peanut Butter Oatmeal Energy Balls, Low Fat Milk	**10** **B:** Waffles & Sun Butter, Bananas, Low Fat Milk **L:** Chicken Enchiladas Casserole, Salad, Mixed Fruit, Low Fat Milk **S:** Fish in the Boat (Goldfish, Cream Cheese & Celery), Low Fat Milk	**11** **B:** Kix Cereal, Mandarin Oranges, Low Fat Milk **L:** Cheese Pizza, Pineapple, Broccoli, Low Fat Milk **S:** Peanut Butter & Jelly Sandwiches, Low Fat Milk	**12** **B:** Breakfast Fruit Pizza, Low Fat Milk **L:** Tomato Soup, Cold Cheese Sandwiches, Apples, Low Fat Milk **S:** Apples, Pretzels, Low Fat Milk
16 **B:** Pumpkin Muffins, Applesauce, Low Fat Milk **L:** Spaghetti, Salad, Pears, Low Fat Milk **S:** Berry Smoothie, Animal Crackers	**17** **B:** Scrambled Eggs, Oranges, Low Fat Milk **L:** Roasted Turkey, WW Bread, Mashed Potatoes , Mandarin Oranges, Low Fat Milk **S:** Breadsticks & Marinara, Low Fat Milk	**18** **B:** Oven Baked Pancakes, Spiced Pears, Low Fat Milk **L:** BBQ Pork WW Sandwich, Coleslaw, Pineapple, Low Fat Milk **S:** Cheese Sticks, Wheat Thins, Low Fat Milk	**19** **B:** Peach Yogurt Parfaits, Low Fat Milk **L:** Cheesy Ham & Potato Soup , WW Rolls, Apples, Low Fat Milk **S:** Cinnamon Swirl Bread, Low Fat Milk
23 **B:** Life Cereal, Apples, Low Fat Milk **L:** Beef Stroganoff, Green Beans, Oranges, Low Fat Milk **S:** Ritz Crackers, Cheese, Low Fat Milk	**24** **B:** Ham & Cheese English Muffin, Mixed Fruit, Low Fat Milk **L:** Chicken Taco Salad, Pineapple, Low Fat Milk **S:** Strawberry Bagels, Apples, Low Fat Milk	**25/26** 	**30- Monday** **B:** Cheesy Omelets, Mandarin Oranges, Low Fat Milk **L:** Mac and Cheese with Hot Dog Slices, Apples, Cucumbers, Low Fat Milk **S:** WW Cinnamon Bread, Low Fat Milk

Parents – Check out our Health and Nutrition Boards

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*Menu is subject to change.